

KIDS MENU

	Serving Size	Weight Gms	Weight Ozs	Calories	Cal from Fat	Total Fat (g)	Sat Fat (g)	Trans Fat Fat (g)	Cholesterol (mg)
Ham Sandwich	1	118	4.16	251	63	7	2	0	32
Turkey Sandwich	1	118	4.16	210	20	2	0	0	25
Grilled Cheese on white	1	112	3.95	330	138	16	9	0	36
Tuna Sandwich	1	146	5.15	460	263	29	6	0	36
Peanut Butter & Jelly Sandwich	1	104	3.67	365	138	16	3	0	0

	Sodium (mg)	Carbo (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A % DV	Vitamin C %DV	Calcium %DV	Iron %DV
Ham Sandwich	1090	34	3	4	15	0	4	5	11
Turkey Sandwich	800	33	2	5	17	0	0	4	10
Grilled Cheese on white	866	34	2	4	16	8	0	31	10
Tuna Sandwich	699	32	2	4	18	0	0	4	11
Peanut Butter & Jelly Sandwich	504	47	4	14	13	0	0	5	11